



Tuesday Talks

brought to you by the Caregivers Center

Dementia Education Series for Family Caregivers

Please join us for our mini-series of educational workshops, a program of the Caregivers Center, geared toward caring for a loved one with Dementia. This series will address the needs of both patients and their caregiver dealing with Dementia. Each workshop will be streamed for approximately 30 minutes, once a month on Tuesday via our Facebook page: [Facebook.com/PeconicBayMedicalCenter](https://www.facebook.com/PeconicBayMedicalCenter).

All workshop sessions will go live at 12 noon

August 22nd
Overview of Dementia; Subtypes and Illness Trajectory

Lindsey Semprini, MD, Palliative Medicine Physician

September 26th
Yoga on the Go for the Busy Caregiver

Christine Gallo, LCSW, GC - C, Palliative Social Worker

October 17th
Patient-Centered Dementia Care; Education for the Caregiver at home

Vickie Single, Physical Therapist

November 7th
Healthy Holiday Eating

Jennifer Burns-Peterson, Assistant Food & Nutrition Director/Clinical Nutrition Manager

December 5th
How to Help Caregivers Navigate Swallowing Difficulties Associated with Dementia

Lauren Nesler, Speech Pathology



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For more information, or for help connecting, please reach out to Noelle Roth, LMSW, with the Caregivers Center at (631) 548-6259, or email: nroth4@northwell.edu