



2025 FAMILY CAREGIVER SUPPORT GROUPS

BROUGHT TO YOU BY THE CAREGIVERS CENTER

General Caregivers Support Group

Meets every 1st Thursday of the month from 12-1pm

January 2	May 1	September 4
February 6	June 5	October 2
March 6	July 3	November 6
April 3	August 7	December 4

Alzheimer's and Dementia Caregiver Support Group

Meets every 3rd Wednesday of the month from 12-1pm

January 15	May 21	September 17
February 19	June 18	October 15
March 19	July 16	November 19
April 16	August 20	December 17

All support groups are located in the Caregivers Center

 **Northwell**SM
Peconic Bay Medical Center

Caregivers Center

To register or if you have any questions,
please contact Megan Stettinger,
Social Work Care Manager at
(631) 548-6259
or via email:
pbmccaregiverscenter@northwell.edu