



**Caregivers:**  
**Join us at any one of  
our free upcoming  
workshops!**

**Peconic Bay Medical Center**  
**1300 Roanoke Ave, Riverhead NY 11901**  
**Caregivers Center Multipurpose Room**

**Wednesday, July 24, 2019, 11am – 12pm**  
**How to protect your assets**  
Brian Tully, Esq., Tully Law, P.C.

**Monday, August 5, 2019, 1pm – 2pm**  
**Stress management workshop for caregivers**  
Dana Bordsen, LLC, MA, ATR-BC, LCAT, Urban  
Zen Integrative Therapist, Reiki Level II

**Wednesday, August 14, 2019, 10:30am –  
11:30am**  
**Understanding estate planning and power  
of attorney: planning for Incapacity**  
Robin Burner Daleo, Esq., Burner Law Group,  
P.C.

**Tuesday, August 27, 2019, 11am – 12pm**  
**Understanding heart failure**  
Amy Ferrara, NP, Transitional Care Management,  
Northwell Health Solutions

**Thursday, September 12, 2019, 1pm – 2pm**  
**Creative problem-solving when caring for a  
loved one with Dementia and Alzheimer's**  
Michele Wachter, Home Instead Senior Care

**Tuesday, November 12, 2019, 9am – 12:30pm**  
**Caregiver Retreat**



**Peconic Bay Medical Center**  
Northwell Health®

**Caregivers Center**

**For more information, or to register,  
please call (631) 548-6259.**