

Help is available when you need it:

Alzheimer's & Dementia

- Alzheimer's Association Helpline: 1 (800) 272-3900
- Long Island Alzheimer's and Dementia Center (LIAD): (516) 767-6856
- Parker Jewish (Willing Hearts, Helpful Hands): (516) 586-1507

Ambulette Services

- Emergency Ambulance Service (EAS): (631) 244-0280
- Eastern Suffolk Transportation, LLC: Ambulette Service Fully Insured NYS DOT #3829 www.easternsuffolktransportation.com (631) 876-5355 or (631) 477-5912

Bereavement Services

- The Neighborhood House (Suicide and Overdose Bereavement): (631) 589-0055
- COPE Foundation: (516) 832-2673
- East End Hospice: (631) 288-8400, info@eeh.org
- Good Shepherd Hospice: (631) 465-6300
- Hospice Care Network: (516) 832-7100
- Visiting Nurse Service and Hospice of Suffolk: (631) 261-7200
For resource referrals call 211 or visit <http://www.211li.org/cms/>

Crisis Hotlines

- National Suicide Prevention Lifeline: 1 (800) 273-8255
- Adult Protective Services (Suffolk): (631) 854-3232 (After 4pm M-F and 24 hours on weekends and holidays)
- Dept. of Social Services: (631) 854-9930
- Dept. of Social Services After Hours Emergency Line: (631) 854-9100 (After 4pm M-F and all day weekends)
- Veterans Crisis Lifeline: 1 (800) 273-8255
- National Domestic Violence Hotline: 1 (800) 799-7233
- Touro Law (Senior Program): (631) 761-7470

Cultural Resources

- Suffolk County Patient Advocate Unit: (631) 854-0337
- New York State Office of New Americans Immigration Hotline: 1 (800) 566-7636
- Touro Law Center Immigration Law Clinic: (631) 761-7086
- North Fork Spanish Apostolate: (631) 369-4601

Day Programs

Limited program availability due to COVID-19 restrictions

Medical Model

- Middle Island Adult Day Health Services: (631) 924-0700
- San Simeon by the Sound: (631) 477-2110
- LI State Veterans Home: (631) 444-8530
- Bellhaven Center's Adult Day Care: (631) 286-8100, ext. 781

Alzheimer's & Dementia Programs

- Day Haven: Elizabeth LeDonne
2210 Smithtown Avenue, Ronkonkoma, NY 11779 (631)-585-2020 ext. 207
Liz Fiordalisi
400 Sheep Pasture Road, Port Jefferson, NY 11777, (631) 476-9698 ext. 213
- Katinka House: 750 Pacific Street, Mattituck NY 11952 (631) 298-4470
- Hampton Bays Day Program: 25 Ponquogue Avenue, Hampton Bays NY 11946 (631) 728-1235

Lending Closets

- SILO (Suffolk Independent Living Org.): 3253 Route 112 Building 10, Medford, NY 11763 (631) 880-7929
- Comfort Aids: 39 Montauk Highway, Blue Point, NY 11715 (631) 363-5193
- Sayville Cabinet for the Sick (Specifically supporting communities of Bayport, Bohemia, Holbrook, Oakdale, Sayville and West Sayville): 24 Collins Avenue, Sayville, NY 11782 (631) 589-1070



Every caregiver's journey is unique. This brochure includes an overview of the most commonly requested services and resources.

Please feel free to call the Caregivers Center if there is something you need that you can't find here. We are here to help you.



Caregivers Center

1 Heroes Way
Riverhead, NY 11901
(631) 548-6259



Caregivers Center

Community resources for caregivers



Medical Supplies

Medicare acceptance is based on the type of equipment needed. Please visit the link below or call the store prior to purchasing the needed supplies: <https://www.medicare.gov/supplierdirectory/search.html>

- Lewin Med. Supply (Riverhead): (631) 727-7006
- Hampton Home Care: (631) 283-8211
- Apria Healthcare: (631) 727-5490 - Oxygen Supply
- Landauer Medstar: (718) 460-2900

Mental Health

- Family Service League: (631) 369-0104
208 Roanoke Avenue, Riverhead, NY 11901
- Westhampton Beach: (631) 288-1954
- East Hampton: (631) 324-3344
- Mattituck: (631) 298-8642
- Mastic: (631) 924-3741
- WellLife Network: (866) 727-9355
- Association of Mental Health and Wellness:
1380 Roanoke Ave., Riverhead, NY 11901
(631) 369-0022

Home Care

Certified Home Health Agency (CHHA): Covered by Medicare and most insurances when ordered by a physician:

- Peconic Bay Home Health: (631) 548-6432
- Gurwin: (631) 715-8600
- Visiting Nurse Service and Hopice of Suffolk: (631) 261-7200 (Only covers as far east as Riverhead. Call for more specific location coverage.)
- Kindred at Home: (631) 727-5353
- Catholic Health Services: (631) 465-6830

Licensed Home Care Agency (LHCA): Covered by Medicaid, otherwise, these are privately paid:

- Always Compassionate: (631) 350-5225
- Recco: (631) 653-5500
- Home Instead: (631) 724-2273

Companion Care: Non-medical care that is paid for out-of-pocket. Not covered by insurance:

- Family First: (631) 319-3961
- Comfort Keepers: (631) 369-6080

- National Aging In Place Council: (631) 383-4341
- Baylin: (631) 283-3033
- Home Instead: (631) 594-3470

Hospice Services

- East End Hospice:
1 Meeting House Road, Quogue NY 11978
(631) 288-8400
- Good Shepherd Hospice:
200 Belle Terre Road, Port Jefferson NY 11777
(631) 465-6300
- Hospice Care Network: (516) 832-7100
- Visiting Nurse Service and Hospice of Suffolk:
(631) 261-7200

Primary Care Physician Practices

- Peconic Bay Medical Center Primary Care Offices:
Center Moriches: (631) 878-2222
Cutchogue: (631) 405-3235
Greenport: (631) 477-6121
Hampton Bays: (631) 728-0393
Manorville: (631) 405-3200
Mattituck: (631) 298-2030
Riverhead, 1333 Roanoke Ave.: (631) 727-2755
Riverhead, 31 Main Road: (631) 722-4400
Riverhead, 34 Commerce Drive: (631) 727-1600
Shoreham: (631) 929-1256
Westhampton Beach: (631) 288-2273

Safety

- Alert 1 (855) 997-0873
- Life Alert: 1 (800) 360-0329

Substance Use Resources

- South Oaks Hospital Evaluation and Admissions Dept.: (631) 608-5610
- Garden City Treatment Center:
711 Stewart Avenue, Garden City, NY 11530:
(516) 742-4015
- New York State HopeLine (Problem gambling and chemical dependency): 1 (877) 846-7369
- Northwell Health Center for Tobacco Control:
(516) 466-1980
- New York State QUITLINE: 1 (866) 697-8487
- New York State Office of Alcoholism and Substance Abuse Services (OASAS): [https://](https://www.oasas.ny.gov/providerdirectory/)

www.oasas.ny.gov/providerdirectory/

- Center for Addiction Services and Psychotherapy Interventions Research (CASPIR):
www.caspirnyc.org
- Family Service League:
208 Roanoke Avenue, Riverhead NY 11901:
(631) 369-0104
Outpatient Chemical Dependency
- Mather Hospital Chemical Dependency Program: (631) 331-8200

Townships

(Meals on Wheels, Transportation, Senior Programs, etc.)

- Riverhead: (631) 727-3200
www.townofriverheadny.gov
- Brookhaven: (631) 451-8696
www.brookhavenny.gov
- Southampton: (631) 283-6000
www.southamptontownny.gov
- Shelter Island: (631) 749-0291
www.shelterislandtown.us
- East Hampton: (631) 324-4141
www.ehamptonny.gov
- Southold: (631) 765-1800
www.southoldtownny.gov

Transportation

Please see **Townships** for more transportation needs

- Suffolk County Accessible Transportation:
Suffolk County Office for People with Disabilities
North County Complex, Bldg. 158
Veterans Memorial Highway, PO Box 6100
Hauppauge, NY 11788-0099
To make a reservation: (631) 853-8337 (voice) or (631) 853-5658 (TTY)
To apply, download the application from https://www.sct-bus.org/scat_faq.html#apply_for_scat_service
Mail the completed original application to the address listed above or call (631) 853-8337 (voice) or (631) 853-5658 (TTY)
- Medicaid: To make a reservation or get information...
1 (844) 678-1103 (voice) or 1 (866) 288-3133 (TTY)

Urgent Care

- Northwell Health Go Health Urgent Care Facilities:
Hampton Bays - (631) 604-4022
Riverhead - (631) 830-4175

Visiting Physicians

- Medical House Calls of the Northfork:
www.northforkhousecall.com
(631) 626-1006
- NY House Calls: 1 (866) 268-0257
- Dr. Louis MacDonald, DPM Podiatry:
(631) 878-3330
Takes most insurances
- Dr. Jeffery Kaplan, Podiatry:
(631) 744-0181
Does not accept Medicaid

Veterans

- Riverhead VA:
300 Center Drive, Riverhead NY 11901
Clinic: (631) 754-7978
Benefits Office: (631) 852-1410
- Northport VA:
79 Middleville Road, Northport NY 11768
Nurses HelpLine: 1 (800) 877-6976
Suffolk County Benefits Officer: (631) 261-4400, ext. 6702
- VA Northport Transportation Program:
Only for qualified veterans, please call for eligibility: (631) 261-4400, ext.7487
- Aid & Attendance Benefits:
Gary Richards, Suffolk County Veterans Service Officer
(631) 444-8759
Fax (631) 444-8739
Email gary.richard@suffolkcountyny.gov

