



PECONIC BAY MEDICAL CENTER'S CAREGIVERS CENTER

APRIL 2025 EVENTS

Caregivers: Join us at any one of our free upcoming workshops!

Wednesday, April 2nd, 12pm-1pm

Estate Planning: A Caregiver's Guide to Revocable and Irrevocable Trusts

Join Britt Burner, Esq., of Burner Prudenti Law, P.C., for an informative seminar on estate planning with a focus on trusts. Workshop offered in person and virtually.

Thursday, April 3rd, 12pm-1pm

Caregivers Support Group

Please join us for an in person support group dedicated to our family caregivers.

Wednesday, April 9th, 1pm-2pm

Caring for the Caregiver: Taking Care of You While You Care for Your Loved One

Join Melissa Katz, LCSW and Senior Director of Programs and Services at Long Island Alzheimer's and Dementia Center for an educational workshop aiming to assist family caregivers in stress management. Workshop offered in person and virtually.

Wednesday, April 16th, 12pm-1pm

Alzheimer's and Dementia Support Group

Please join our in person support group for caregivers of a loved one with Alzheimer's or dementia.

 **Northwell**SM
Peconic Bay Medical Center

Caregivers Center

1 Heroes Way, Riverhead NY 11901

For more information or to register, please call (631) 548-6259 or via email: pbmccaregiverscenter@northwell.edu