



Tuesday Talks

brought to you by the Caregivers Center

Cancer Rehabilitation and Educational Series for Caregivers

Please join us for our mini-series of educational workshops, a program of the Caregivers Center, geared towards managing cancer rehabilitation. This series will address the needs of both patient and their caregiver dealing with cancer rehabilitation. Each workshop will be streamed for approximately 30 minutes, once a month on Tuesday via our Facebook page: Facebook.com/PeconicBayMedicalCenter.

March 15th

Lymphedema Awareness Month

Nicole Meringola, Occupational Therapy
Caregiver Education and Management of Lymphedema

April 5th

Head and Neck Cancer Month

Lindsay Yarmeisch, Speech Pathologist
Oral care before, during and after head and neck cancer treatments

May 10th

Taking care of yourself in order to take care of someone else

Linda Mango, Physical Therapist
Caregiver Safety

June 7th

National Dysphagia Month

Lindsay Yarmeisch, Speech Pathologist
Keeping the swallow going before, during and after cancer treatments

July 19th

Community resources for cancer patients and caregivers

Nicole Menard, BSW Community Outreach Specialist

Sept 13th

Eating for wellbeing

Jennifer Burns-Peterson, Assistant Food & Nutrition Director / Clinical Nutrition Manager



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For more information, or for help connecting, please reach out to Noelle Roth, LMSW, with the Caregivers Center at (631) 548-6259, or email: nroth4@northwell.edu