



Tuesday Talks

brought to you by the Caregivers Center

Stroke Lecture Series for Caregivers

Please join us for our mini-series of educational workshops, a program of the Caregivers Center, geared towards managing stroke rehabilitation. This series will address the needs of both patient and their caregiver dealing with stroke rehabilitation. Each workshop will be streamed for approximately 30 minutes, once a month on Tuesday via our Facebook page: Facebook.com/PeconicBayMedicalCenter.

November 1st

Heart health nutrition

Colleen Anderson, RD, Clinical Dietitian

December 6th

Community resources following a stroke

Harriet Cohen, Director of Social Services

January 17

Swallowing difficulty after a stroke

Jennifer Naples, Speech Pathology

February 14

Adaptive equipment for ADL's after stroke

Katie Boden, Occupational Therapy

March 7

Return to home after a stroke.

Managing the environment.

Vicky Single, Physical Therapy

April 25

Speech language recovery post-stroke.

How can family help?

Lauren Nesler, Speech Pathology

May 2

Trauma month

Strategies and tips for reducing falls at home

Lindsay Quinnell, Trauma Program Manager

May 30

Stroke month

Let's talk about stroke

Donna Lyburt MSN, RN, Clinical Program Manager

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For more information, or for help connecting, please reach out to Noelle Roth, LMSW, with the Caregivers Center at (631) 548-6259, or email: nroth4@northwell.edu