



# 2023 Family Caregivers Support Groups

brought to you by the Peconic Bay Medical Center Caregivers Center

## **In-person support group for caregivers of a loved one with dementias and memory impairments**


Meets every 3rd Wednesday of the month from 12-1pm in the Caregiver Multipurpose Room  
In conjunction with the Alzheimer's Association  
January 18, February 15, March 15, April 19

## **In-person general caregiver support group**

Meets every 1st Thursday of the month from 12-1pm  
January 5, February 2, March 2, and April 6

## **Bereavement support groups for family caregivers forming**

Please call for information.



To register or if you have any questions, please contact Noelle Roth, LMSW, or for assistance joining at (631) 548-6259 or via email: [nroth4@northwell.edu](mailto:nroth4@northwell.edu)



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