

## FOOD FOR BODY AND SPIRIT

BROUGHT TO YOU BY THE CAREGIVERS CENTER'S SPIRITUAL RESOURCE SERIES

As a part of our Spiritual Resources for Caregivers Series, please join Chaplain Deb Miller and Marshele Juste, Clinical Nutritionist, as they discuss the significant role food plays throughout the journey of caring for a loved one. This workshop will offer an opportunity for caregivers to share how food has played a role in the relationships with the loved ones they care for while sustaining themselves both nutritionally and spiritually.

Wednesday, May 24th, 2023 1-2pm

Located in the Caregivers
Center and virtually via Zoom

To register to attend in person or to obtain your Zoom link, please contact Noelle Roth, LMSW at (631) 548-6259 or via email: nroth4@northwell. edu.



**Caregivers Center**